

British Long Distance Swimming Association Coniston swim

Last weekend Bridlington Swimming Club member Abigail Morgan competed in the Lake District in the British Long Distance Swimming Association's Lake Coniston swim.

The weekend saw the beginning of the associations Jubilee year celebrating 50 years.

Lake Coniston was the last swim of the season for Abigail and her longest to date.

The weather was appalling with strong head and cross winds making the swim very difficult. She completed the 5.25 mile swim in a time of 3hrs. 20mins. 59secs. to finish 4th in the Junior Girls Freestyle event.

Abigail was accompanied by Bryan and Katie Tyson from Scarborough and Beverley Thomas from Halifax in her boat.

