

Triathlon at Beadale Leisure Centre

Sophie Holdsworth travelled to the Lake District on Sunday 17th. February to take part in a triathlon at Beadale Leisure Centre.

Competitors from all over the North took part in this exciting event.

The organisation was excellent; competitors moved quickly and smoothly from one event to another.

There were 20 girls in Sophie's group.

She began with the shoot and did really well to be placed 4th.

Moving to the run she then came 6th.

In the last, Sophie's strongest event, the swim she gained first place.

This pushed her up from 5th at the end of the first two sections to be the overall highest points scorer.

She then joined with three other swimmers and their combined scores placed them overall 2nd.

Sophie was presented with a trophy and an extra large Easter egg.

It was a thoroughly good day and Sophie earned her achievements.

Well done Sophie.

See photo in picture gallery